

*'Art of the
Warrior'*



*Warrior
Training
AOL II*

*The Art of the
Warrior is creative
mastery of the four
linked-domains*

*Wisdom in the battle
for your Personal
and Professional life!*

me-we-Us-THEM™

EPLS Linked-Domain Model™

Course Purpose: *The AOW is the follow-on course to the Art of Leadership*

The Warrior Ethos (AOL part II)

We are all warriors. Each of us battles moment by moment for Mastery of the four linked-domains of Leadership E P L S:

Ethos, Pathos, Logos, and Sophos

Practical real world case studies designed to sharpen skills

Analyzing WHY leaders lead.

Being in the Arena

Moving from Reflection through Action to Transformation

Creating desired Outcomes in our character, our connection with others, our competence as leaders, and improving our ability to learn, grow and Change.

Course Design: Two-Day participative seminar, adult learning format

Course Focus: *Mastery level application of the Art of Leadership*

Every Person Leads Someone – E P L S

ethos anthropos daimon (Character) (man) (destiny)

Clearly understanding the reasons WHY a leader leads!

Analyzing our limited time

Mastering the four disciplines:

Mastering Character -Choosing who we are to be

-Leading ourselves first everyday

Mastering Connection to others –Influence

-Valuing others, serving others

Mastering personal and Professional Core Competencies

- Learn something new everyday

Gaining Wisdom – Mastering the application of Knowledge

-Intentionally growing each day

Course Takeaways: *The Warrior's Ethos!*

The Leaders Attitude!

The **Time** of Your Life

The Warrior **in the Arena**

Why leaders lead

What really is Leadership?

How Leaders Adapt using Different Styles

Asking better questions; understanding and using powerful questions, avoiding weak questions

Leadership – the Counter to **Entropy**

A Warriors **Influence**

The critical ingredient many leaders lack: **Empathy**

Influence assessment

Influence Self-Test: 7 Influence strategies, 7 Direct, 7 Indirect

Your Hidden Curriculum

Responsibility, Authority and Accountability

Values evaluation, alignment and application

Analysis and evaluation of applied **Motivational Theories**

Coaching and mentoring the next generation –creating legacy

Toxic Leadership – Understanding, Analyzing and Evaluating

The Psychology of Leadership –Evaluating Habits

Application and evaluation of **Emotional Intelligence**

Practical “Real World” situational case studies

Course Content: **The Art of the Warrior (AOW)**

The **Art of the Warrior** (AOW) is a case studies based, engaging, interactive learning experience designed as a follow-on to the Art of Leadership course. The AOW provides the opportunity to practice using the tools, models, and insights gained from the Art of Leadership. The AOW is programed with practical real-world case studies amplifying the lessons learned in the Art of Leadership, additionally several new lessons are presented. The course is designed to facilitate remembering, applying and analyzing the Four Decisions of Attitude, the Four Actions of Trust, the Four Questions and the Four Disciplines.

The material contained in the AOW is based on 50 years of exhaustive research in the field of developing human potential. The Woods Consulting Firm has found that all successful men and women utilize four domains to unlock their potential and the potential within their organizations. From success on the athletic field to success in the organizational world, these four domains are the same; **E P L S: Ethos, Pathos, Logos, and Sophos**. The epistemological roots of this model date back to the Greek philosopher Aristotle 384-322 BC who learned it from Plato 427 – 347 BC and taught it to Alexander the Great 356–323 BC.

The **E P L S** ‘Linked–Domain Leadership Model’ guides leaders on their journey from self-leadership (the most difficult) to leadership of others; this is the journey from success to significance. The AOW teaches eight primary skill-sets within the four linked domains:

1. The first domain is **Ethos (me)** your Character– Mastering Attitude, Values and Actions. Evaluating our Habits and creating our Ethics. Mastering Self first every day.

This is personal success found in the Intrapersonal domain.

2. The second domain is **Pathos (we)** your Connections – Mastering influence, effectively and efficiently communicating Expectations. Valuing to other people.

This is people success found in the Interpersonal domain.

3. The third domain is **Logos (Us)** your Competence– This is the leader’s responsibility for creating the environment to produce organizational results. This domain involves: Critical Thinking, Creative Problem Solving, Emotional and Social Intelligence. Everyday learn something new!

This is professional success found in the KSA Impact domain.

4. The fourth domain is **Sophos (THEM)** your Commitment to Change and Intentional Growth every day.

‘The Warrior Ethos’ We are all warriors. Each of us battles moment by moment for mastery of the four domains: Ethos (character), Pathos (connection), Logos (competence), and Sophos (change and growth). The Warrior Ethos is exemplified in the triune model, integrating the first three domains and culminating in the fourth domain, creating a unified whole.

This is progressive success found in the Iterative Learning domain.

The Art of the Warrior (AOW)

Agenda Day 1

08:00 a.m. – 11:15 a.m.

The essence of the Warrior

Art of Leadership Body of Knowledge (AOLBOK)

The essential elements of the Warrior – evaluating the **E P L S** model

Characteristics of successful leaders

Mapping modern research onto **Ancient Wisdom**

Discipline #1 Ethos- Lead yourself first every moment

The Warrior in the Arena

The true source of Wisdom (Sophia)

Making Mistakes (MPES)

The **Time of Your Life**

Charting your time

Chronos Time vs **Kairos Time**

Avoiding the Duck Pond Parasites

The Good Life

Your Obituary

Amor Fati

Eternal Recurrence - Friedrich Nietzsche

Happiness Research

Relationships and Friendship

11:15a.m. – 12:15 p.m.

Lunch

12:15 p.m. – 4:30p.m

Why leaders lead

Discipline #3 Logos- Learn something new every day

What really is Leadership?

How Leaders Adapt using Different Styles

Identifying your style

Day 2

08:00 a.m. – 11:15 a.m.

Discipline #2 Pathos- Value people every moment

Leadership – the Counter to Entropy

Asking **Great Questions**

The critical ingredient many leaders lack:

Empathy

A Warriors **Influence**

Influence Self-Test

Influence and Power

7 Bases of Power

7 Direct Influence Strategies

7 Indirect Influence Strategies

Influence case studies

11:15a.m. – 12:15 p.m.

Lunch

12:15 p.m. – 4:30p.m

The Four Responsibilities of a Leader

Responsibility, Authority and Accountability

Human Nature

Making the tough decisions

The **Emotionally Intelligent** Leader

Growth Mindset

Legacy

Discipline #4 Sophos- Intentionally plan to grow every day

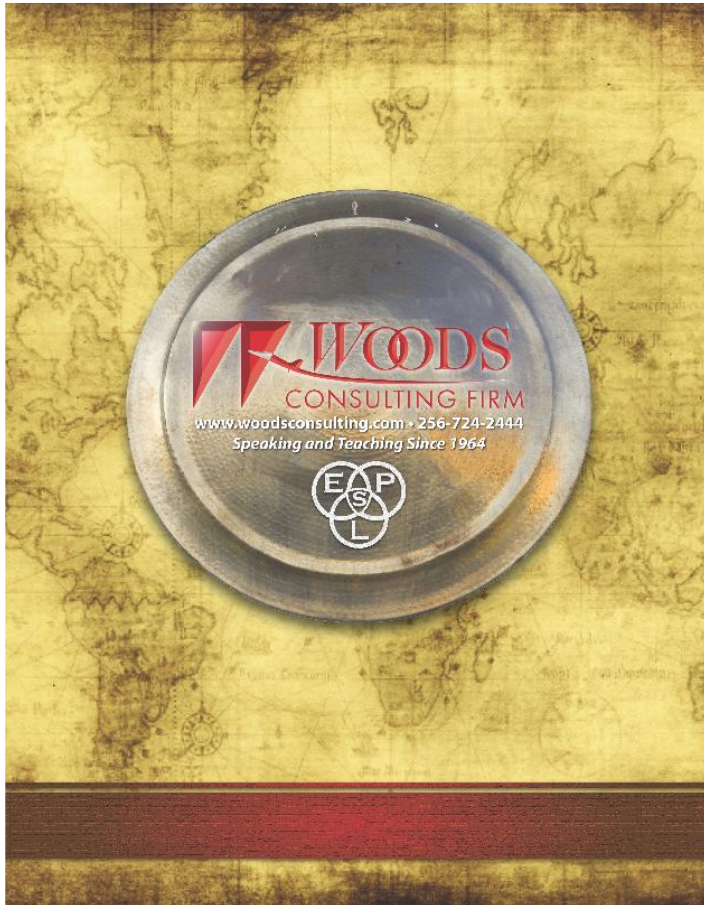
Toxic/ Suicidal Leadership

Toxic leadership behaviors

Case studies

How to **avoid toxicity** and suicide as a leader

Plan of Action



Action is eloquence. ~William Shakespeare